

Neonatal Resuscitation Program-First Golden Minute (NRP-FGM)

Date: 13th Dec 2022

Venue: The Apollo College of Nursing, Chittoor

Neonatal resuscitation (New born resuscitation) is an emergency procedure focused on supporting newborn children who do not readily begin breathing, putting them at risk of irreversible organ injury and death. Primary focus is to prevent deaths. There are 20.3 new born deaths per 1000 live births in India (2020). To reduce the rate of neonatal deaths, Indian Academy of Paediatrics with contribution from Johnson and Johnson pvt.ltd, committed to improve health and wellbeing of children and

started NRP-FGM program with a focus to train all health care team on Neonatal resuscitation.



The Apollo College of Nursing, Chittoor has taken up this responsibility to train health care team on NRP. As a part of this, we at Apollo College of Nursing, Chittoor organised NRP training program on 13th Nov 2022.

Aim: *Early initiation of breast feeding to the newborn*

Objectives:

- To train all the nursing officers and the nursing faculty working at AIMS DHH and The Apollo College of Nursing Chittoor
- To train internees of B.Sc Nursing and Medicine

Resource persons: Trained NRP instructors, namely

Dr Rajesh, Associate Professor, DHH, Chittoor

Dr M Geetha, Assistant Professor, SVMC, Tirupati

Dr C Maruthi Aruna, Assistant Professor, SVMC, Tirupati

Participants:

- Nursing officers working in Labor room and other areas at District Head quarters hospital, Chittoor.
- Faculty of Apollo college of Nursing, Chittoor and Aragonda campus
- Internees of graduate nursing and medicine

Success out of the program:

Nursing officer at Labour room Ms Anitha says *“Gained knowledge and hands on skills improved and more confident in neonatal resuscitation than earlier”*

Ms Sirisha says *“I started practicing the steps of NRP and even demonstrating to other fellow nursing officers”*

Our faculty Ms Hindu Bai, from The Apollo college of Nursing expresses *“Excellent hands on skills and good exposure to learn about specially NRP and I now incorporated NRP in the clinical training of B.Sc Nursing students attending labour room postings”*

Finally the next day of program itself we could see a change in practice where Nursing Officers at labor room started retaining and initiating breast feeding to born babies with spontaneous breathing and cry and others with signs of distress and other risk factors were immediately started with Neonatal Resuscitation in labor room itself.

Set a goal, write it down and release the outcome. Small steps make a big difference. - Cheryl Richardson

Let us all join together to make a big difference